



St Vincent de Paul Society
VICTORIA
good works



Through your efforts could you raise some funds for a mental health friendship program?

Compeer Program supports volunteers to meet with someone who is living with the effects of a mental illness.

Our volunteers see their friend ever week. Together they do things socially to try to reduce the loneliness the friend feels because of their illness.



People living with a mental illness may not have the spare money to do the recreational activities that we all enjoy. The Compeer Program values the support of schools and always appreciates any help which can be given.

Fundraise so that the participants in the programs can participate in recreational activities:

- \$320 = 32 coffee catch-ups for people in the program
- \$390 = 26 movie tickets
- \$200 - \$400 contribution to catering for a mid-year event (July 2015). Previous events have included pizza & pasta at a restaurant, a high tea at the Society head office.
- \$350 = 70 small gifts. At Christmas, the Compeer Program likes to be able to give each participant a small Christmas present to brighten their Christmas

If your school would like to assist this program, please contact **Elizabeth Cromb** on **03 9895 5886** or **compeer@stvincentdepaulsociety-vic.org.au**
Together we can discuss what is most helpful to the Compeer Program at that time.